



## Training with the Old Bangkok Bangers Rugby Club!

**Wednesday Training:** Fitness and Skills Focused (non-contact)

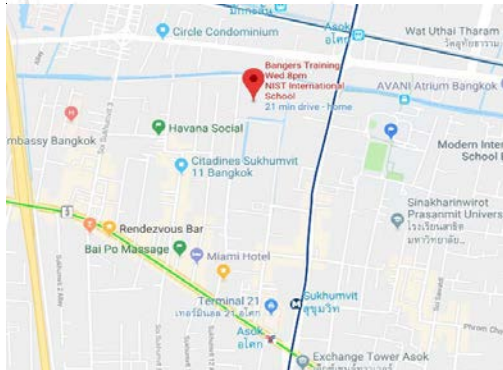
**Location:** NIST (New International School) Soi 15 Sukhumvit [NIST Map](#)

**Training Time:** 20:00 to 21:30

**Getting There:** BTS Asoke or MRT Sukhumvit, then moto or walk from the top of Soi 15

**Entry Requirements:** Form of ID to allow for access by security - drivers licence etc.

**Post Training Social:** Bangers social gathering at The Drunken Leprechaun [TDL Map](#)



**Sunday Training:** Skills and Contact Focused

**Location:** Bangkok Patana School Soi 105 Sukhumvit, Bang Na [Patana Map](#)

**Training Time:** 16:00 to 18:00

**Entry Requirements:** Form of ID to allow for access by security - drivers licence etc.

**Getting There:** BTS Bearing then a moto/taxi to Soi 105 Sukhumvit; or taxi/drive direct

**Post Training Social:** Bangers social gathering for a meal and refreshments nearby

